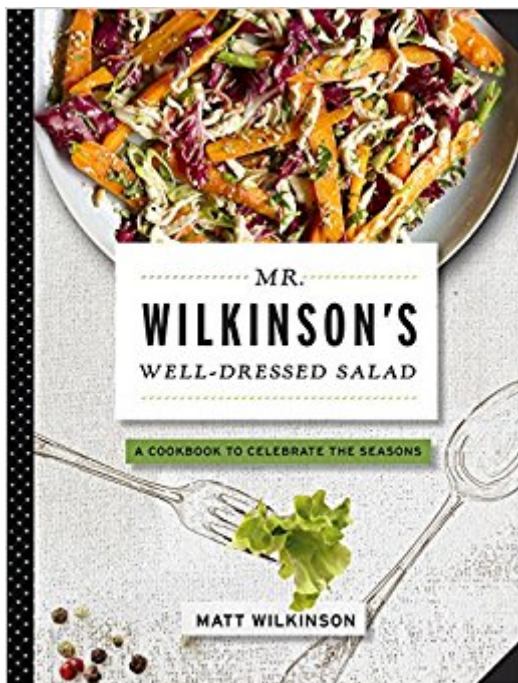


The book was found

Mr. Wilkinson's Well-Dressed Salads



Synopsis

Following the success of the IACP-winning Mr. Wilkinson's Vegetables, chef Matt Wilkinson returns with more than 56 seasonal, easy-to-make, delicious recipes for salads and dressings. Guided by the seasons, award-winning chef Matt Wilkinson has always designed his recipes with vegetables as the foundation of the plate. In his latest cookbook, Matt takes this a step further by showing us how versatile salads can be in both form and flavor. With the garden's yield as his inspiration, he pairs produce with grains, beans, cheeses, fish, and meat to create enticing, adaptable dishes. You'll find a recipe to match each season's bounty, from spring salads featuring early sprouting vegetables and herbs, and summer produce mixed with garden-fresh greens, to autumn roots tossed with hearty grains, and earthy winter noodle salads. In Mr. Wilkinson's Well-Dressed Salads, recipes include light dishes such as Watermelon and Feta with a Shrimp Vinaigrette, and Iceberg, Mint and Radish Salad with Avocado Dressing. There is also heartier fare, such as Roasted Sweet Potatoes, Hot Red Turkish Peppers & Labneh (a Turkish yogurt), Brown Rice & Feta with Hot & Sour Dressing, and Smashed Figs, Blue Cheese, and Walnut Salad with White Balsamic. Beautiful photography combined with vintage illustrations make for a book that is both timely and timeless. ~ ~

Book Information

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Customer Reviews

Matt Wilkinson is passionate about food in season, farmers' markets, and local producers. As the former head chef at the award-winning Circa the Prince, Wilkinson helped usher in an era of

organics and gardento- kitchen rustic fine dining. He now co-owns and runs Pope Joan and the neighboring market Hams and Bacon in Melbourne, both of which have cult followings for their fresh, seasonal food. He is also the coowner and chef of a franchise of 11 Spudbar slow-food, fast-food shops in Australia, which feature healthy and delicious topped baked potatoes and salads. His first cookbook, Mr. Wilkinson's Vegetables, won the IACP cookbook award for design and has sold more than 100,000 copies worldwide in nine languages. He lives in Melbourne, Australia. For current news, visit mrwilkinsons.com.au.

I was prepared to be disappointed. So often there are a couple of good recipes in a book and the rest don't appeal. But every one of these recipes is delicious and the ingredients really work properly together. It's also a beautiful produced and bound book. Gorgeous quality paper. Wonderful photographs. I really can't recommend it highly enough. This is going to be used all the time.

Stunning! My wife got me this because the author has the same name as me.... and I love it. It's a beautifully made book, really unique, with stunning photos and recipes. (I plan on picking up the companion books -- I am that pleased)

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